



# 1<sup>st</sup> Fressingfield Scout Group Spring 2025 newsletter

21<sup>st</sup> February 2025

Dear Parents and Carers

I hope that you have had a great half term and looking forward to getting back to a school and SCOUT 😊 routine. Over the half term break the Group adult leaders and volunteers have been busy preparing for the next half term.

Various repairs and improvements have been taking place around the HQ inside and out, including new fencing installed to protect our sapling hedges. The main building has also received a deep clean.

The Scout Trust Board are looking at two exciting projects, firstly the greening of energy usage at the HQ (more details below) and looking at the feasibility of securing a new minibus.

Our grants and fundraising team have been busy organising several events to ensure that we can continue service our bills and provide excellent scouting provision to your children.

Leaders completed a six-hour first aid course and held a training session on how to support young people with neurodiversity in scouting. The team are committed to providing safe and accessible scouting to everyone.

As you will see from the newsletter there is so much going on in 1<sup>st</sup> Fressingfield 😊

We have almost 150 young people participating every week and have a number of young people on waiting lists to join our amazing group. We are currently being held back because we need to further strengthen our team of volunteers. We have over thirty adults committed to a range of rolls, and we have some vacancies to fill. If you would like to contribute to our team I would love to hear from you, drop me an email at [gsl@fressingfieldscouts.com](mailto:gsl@fressingfieldscouts.com)

All volunteering with children will require safeguarding checks and an element of training (level of training depends on the role of the volunteer). Volunteers will be supported throughout, training is free, uniform provided (for uniformed roles), out of pocket expenses are covered. Not only will you be joining a dedicated and welcoming team, but you have the opportunity to develop new skills, gain experience and qualifications, bolster your CV while giving something back to your community and most importantly having fun.

## What's stopping you?

Here are some of the opportunities available...

Registered charity number: 1181154

Visit our website at: <https://www.1stfressingfieldscouts.org.uk/>





# 1<sup>st</sup> Fressingfield Scout Group Spring 2025 newsletter

**International Development – Kenya:** 1<sup>st</sup> Fressingfield Scout Group has a long-established link with Mothers' Mercy Home where we have been running international camps to Kenya for 15 years for our Explorer Scouts. In partnership with Consortium Trust, we are aiming to raise £5000 to help fund a new block at the orphanage that will include toilets, washrooms and new teaching/meeting facilities. 1<sup>st</sup> Fressingfield Explorers have already pledged £1000, and several schools have started to work on fundraising plans. If you can contribute to this campaign to share with our friends in Kenya, I would be very pleased to hear from you. [gsl@fressingfieldscouts.com](mailto:gsl@fressingfieldscouts.com)

**MOTHER MERCY HOME, NAIROBI**

1st Fressingfield Scouts and Consortium Trust are fundraising towards the build of a new toilet block for the children.

Help us to make a difference

Building has started!

£5,000

£4k

£3k

£2k

£1k

Consortium  
Develop • Create • Engage



# 1<sup>st</sup> Fressingfield Scout Group Spring 2025 newsletter

## Group Environmental Project:

We are launching a project for the whole group focusing on how we can help our community to use free energy from the sun and wind, and why this is a worthwhile thing to do. At the same time, we will be raising funds for a combined rooftop solar panel system and battery storage for our HQ; this will reduce our running costs, and we will export any spare energy onto the grid for use by the local community.



Programme ideas: If any parents or community members can support us with the following activities we would be delighted to hear from you, talk to your section leaders.

- World Scouting - Earth Tribe: Offers challenges focused on environmental sustainability, including the "Scouts Go Solar" challenge to promote renewable energy.
- Beavers (ages 6-8): Focus on basic concepts of renewable energy through simple activities like identifying different energy sources and their impact on the environment.
- Cubs (ages 8-10): Introduce more complex concepts like how wind turbines and solar panels work and engage them in building simple models.
- Scouts (ages 10-14): Encourage deeper exploration of renewable energy through projects, experiments, and discussions on the benefits and challenges of different technologies.
- Explorers (ages 14-18): Involve them in more advanced projects like designing and building small-scale renewable energy systems and exploring career paths in the renewable energy sector.

All ages:

- Visit renewable energy sites: Arrange trips to wind farms, solar power plants, or eco-friendly buildings to provide real-world examples.
- Invite experts: Invite speakers from renewable energy companies or environmental organizations to share their knowledge and experiences.
- Partner with local organizations: Collaborate with environmental groups or businesses to organize events and workshops on renewable energy.
- Encourage creativity: Challenge Scouts to come up with innovative solutions for using renewable energy in their communities.

Registered charity number: 1181154

Visit our website at: <https://www.1stfressingfieldscouts.org.uk/>



# 1<sup>st</sup> Fressingfield Scout Group Spring 2025 newsletter

**Saturday 1st March**  
**Laxfield Market**  
**Your Scout Group needs you**  
Please bake something yummy for 1st Fressingfield Scouts bake sale:  
Sweet  
Savoury  
Sausage Rolls (always a favourite)  
Popcorn cones  
Find your inner Mary Berry or Paul Hollywood

**Drop Off Points :**  
Friday - Harleston or at the bingo at Syleham village hall  
Message Kerry  
07871873710 for address details  
Saturday at Laxfield  
Message Adrian  
07709098674  
for address details

## REPURPOSE and RESELL:

As part of our ongoing fundraising, we are having a stall to sell second hand/outgrown/unused donated uniform and Scouting bits and pieces such as walking boots, rucksacks, waterproofs and camping equipment at our Pancake Café on 4th March.

If you have any such items to donate, please let us or a Pioneer Troop member or Parent know. Unsold items will be carried forward to the next Group fundraising event.

[pioneer.scouts@fressingfieldscouts.com](mailto:pioneer.scouts@fressingfieldscouts.com)

**PHOTOGRAPHY COMPETITION**  
Photography Theme:  
'Where you live'  
We'd love to see photographs of your village or town, the countryside, local wildlife or natural history  
Prize will be your photograph featured in the 2026 1st Fressingfield Scout Group calendar  
Open to members of all sections Squirrels, Beavers, Cubs, Scouts & Explorers  
Submit before **5th SEPT**  
EMAIL YOUR HIGH RESOLUTION PHOTOS TO - [fundraising@fressingfieldscouts.com](mailto:fundraising@fressingfieldscouts.com)  
Please don't forget to tell us what the photograph shows, when it was taken, your name, age & the name of your section (Beavers, Wolf Cubs, Pioneer Scouts etc)

Registered charity number: 1181154

Visit our website at: <https://www.1stfressingfieldscouts.org.uk/>



# 1<sup>st</sup> Fressingfield Scout Group Spring 2025 newsletter

## Quiz Night

Hoxne Village Hall

**Saturday 15 March**

7.30pm start

Teams of up to six

Bar and Raffle

Bring a picnic for half time!

(No alcohol please as bar will be open)

**£6.00 a head**

To book email

[michaelknightshoxne@gmail.com](mailto:michaelknightshoxne@gmail.com)

or phone 01379 668060

---



# 1<sup>st</sup> Fressingfield Scout Group Spring 2025 newsletter

## Dates for 2025

Please check section updates, our website and Facebook page for further information.

28 <sup>th</sup> Feb:	8pm:	BINGO night for all at Syleham Village Hall
4 <sup>th</sup> March:	530pm:	Pancake Cafe
15 <sup>th</sup> March:	Eve:	Quiz night at Hoxne Village Hall
28 <sup>th</sup> March:	8pm:	BINGO night for all at Syleham Village Hall
5 <sup>th</sup> April:	10am:	Spring Clean and service team at the Scout Group Headquarters
27 <sup>th</sup> April:	TBC	St George's Day Parade and service
2-4 <sup>th</sup> May:	W/E	Group Camp
23-26 <sup>th</sup> May:	W/E	Water Activities Weekend (Scouts and Explorers only)
6-7 <sup>th</sup> June:	W/E	Yox Valley School Scout Section overnight camp
9-16 <sup>th</sup> August:		NORJAM (Scouts and Explorers only)
5 <sup>th</sup> Sept:		Deadline for the photography competition
5 <sup>th</sup> Sept:	7pm:	Group Open evening and awards
5 <sup>th</sup> Dec:	7pm:	Gang Show
13 <sup>th</sup> Dec:	11am:	Santa Run